

What is Health Management?

- An organized effort to achieve desired health outcomes in populations with prevalent, often chronic diseases such as diabetes or asthma.
- Purpose is to equip the patient with information and a self-care plan to manage their own health and prevent complications that may result from poor control of disease process.
- Care with a focus on prevention.

What *YOU* can expect:

- Regular contact with a Health Manager
- One on one discussion of your health condition, medications, labs, prevention measures or other needs you may have
- Collaboration and coordination with your Family Health Team to provide you with comprehensive care
- A consistent “go to” person

For more information about TRICARE benefits, visit www.humana-military.com or visit our local Tricare Service

18th Medical Group

Kadena AB, Okinawa

Japan

Patient Centered Medical Home



Information Sheet

Kadena Medical Clinic

630-4817

What is the Family Health Initiative (FHI)?

FHI is an active approach to establish a “medical home” for everyone—this means improved Continuity of Care! Your health-care needs are coordinated by your individual medical provider who is leading a team of medical professionals providing continuous, comprehensive, and personalized prevention-based healthcare.

Why FHI? We are leading the way in the Air Force because we are committed to providing you greater, faster access to your healthcare team. Through effective communication and the building of continuous healing relationships you will receive greater resources to help care for yourself and your family.

The key is Continuity of Care. You shouldn’t have to worry about seeing a different provider each time you visit the clinic. Every effort will be made to ensure you are cared for by the same family health team (technician, nurse, and provider) every time you visit the clinic. Improved continuity means better medical management. We strive to meet all your medical needs through your FHI team or “medical home.”

The Patient Centered Medical Home focuses on the patient being the center of healthcare and the driver of care rather than the passive recipient. Care that is truly patient-centered considers patients’ cultural traditions, personal preferences and values, family situations and lifestyles. It makes the patient and their loved ones an integral part of the care team who collaborate with healthcare professionals in making clinical decisions. Patient-centered care puts responsibility for important aspects of self-care and monitoring in the patient’s hands — along with the tools and support they need to carry out that responsibility. Patient-centered care ensures transitions between providers and healthcare setting are respectful, coordinated, and efficient.

Family Health Initiative

As of 5 December 2011, Kadena AB Family Health Clinic has implemented the Family Health initiative (FHI). This model of health care is designed to permit consistency with your provider and greater flexibility when scheduling patient appointments.

The goal is to create an enjoyable practice environment that promotes and delivers quality, evidence based care to our patient populations.

How does this affect you?

- Same health team for continuity of care
- Allows greater focus on your wellness and clinical preventive services
- Improved access-to-care
- Family Health Team works hand in hand with the Health Management Team for chronic illnesses

What is Urgent Care

Supervisors of active duty are reminded they can grant Quarters up to 24-hours to their personnel without medical appointment in accordance with AFI 41-210, 3.6.4.

Access to, and continuity with, your PCM is key. If you are ever dissatisfied with your PCM please feel free to speak with a 18 MDG Tricare representative to discuss PCM change.